



## Special Needs/Supplemental Information: Behavioral Health Practitioners

### INSTRUCTIONS

Behavioral health practitioners should complete this form to help us understand the level of training and/or experience you have treating patients with special needs. This information will be included in our provider directories and will help us make clinically appropriate referrals to our members as part of the Horizon Behavioral Health program.

Completed and signed forms may be mailed to: **Horizon BCBSNJ Credentialing & Recredentialing Dept.**  
**Three Penn Plaza East, PP-14C**  
**Newark NJ 07105-2200**

### PRACTITIONER INFORMATION

Practitioner Name: \_\_\_\_\_

Practitioner Specialty: \_\_\_\_\_

Practitioner Type 1 NPI: \_\_\_\_\_

Practitioner Telephone: \_\_\_\_\_

Practitioner Email: \_\_\_\_\_

### PATIENT POPULATION

Please check the appropriate boxes to the questions below to identify the patient population categories you currently treat and to indicate if you are accepting new patients in these categories.

Do you treat children age 0 to 5?

Yes

No

Are you accepting new patients age 13 to 17?

Yes

No

Are you accepting new patients age 0 to 5?

Yes

No

Do you treat adults age 18 to 64?

Yes

No

Do you treat children age 6 to 12?

Yes

No

Are you accepting new patients age 18 to 64?

Yes

No

Are you accepting new patients age 6 to 12?

Yes

No

Do you treat adults age 65 and older?

Yes

No

Do you treat adolescents age 13 to 17?

Yes

No

Are you accepting new patients age 65 and older?

Yes

No

**SPECIAL NEEDS TRAINING/EXPERIENCE**

Do you have formal training and/or experience treating adults/children with special needs including persons with physical, mental, substance abuse or developmental disabilities?

- Yes
- No

Please indicate if you have training/experience treating patients in the special needs categories below.

Do you have training/experience working with Developmentally Disabled patients?

- Yes
- No

If "Yes," please explain. \_\_\_\_\_

Do you have training/experience working with patients who are Blind?

- Yes
- No

If "Yes," please explain. \_\_\_\_\_

Do you have training/experience working with patients who are Deaf?

- Yes
- No

If "Yes," please explain. \_\_\_\_\_

Do you have training/experience working with Non-Ambulatory patients?

- Yes
- No

If "Yes," please explain. \_\_\_\_\_

Do you have training/experience working with patients who have HIV/Aids?

- Yes
- No

If you selected "Yes," please explain. \_\_\_\_\_

Do you have training/experience working with Aged patients (i.e., 65 years and older)?

- Yes
- No

If "Yes," please explain. \_\_\_\_\_

## BEHAVIORAL HEALTH AREAS OF EXPERTISE

Please select six (6) areas of expertise from the list below. If more than 6 areas are selected, we will only retain the first 6 alphabetically.

- |   |   |
|---|---|
| <input type="checkbox"/> Abuse, Assault and Trauma (PTSD)   | <input type="checkbox"/> Fitness For Duty Assessment                  |
| <input type="checkbox"/> Adjustment Disorders   | <input type="checkbox"/> Forensics                                    |
| <input type="checkbox"/> Adoption   | <input type="checkbox"/> Gangs/Cults                                  |
| <input type="checkbox"/> Anger Management/Impulse Disorders   | <input type="checkbox"/> Gay/Lesbian/Bisexual Issues                  |
| <input type="checkbox"/> Anxiety and Panic Disorders  | <input type="checkbox"/> Geriatrics                                   |
| <input type="checkbox"/> Attention Deficit Disorder (ADD/ADHD)  | <input type="checkbox"/> Grief/Bereavement                            |
| <input type="checkbox"/> Autism Spectrum Disorders<br>(Autism/PDD/Asperger's)                                     | <input type="checkbox"/> Group Therapy                                |
| <input type="checkbox"/> Bariatric Assessment   | <input type="checkbox"/> Head Trauma                                  |
| <input type="checkbox"/> Behavior Modification  | <input type="checkbox"/> HIV/AIDS-Related Issues                      |
| <input type="checkbox"/> Behavioral Therapy for Autism Spectrum<br>Disorders                                      | <input type="checkbox"/> Infertility                                  |
| <input type="checkbox"/> Bipolar Disorders/Manic Depressive Illness   | <input type="checkbox"/> Medication Management                        |
| <input type="checkbox"/> Brief Solution Focused   | <input type="checkbox"/> Men's Issues                                 |
| <input type="checkbox"/> Chemical Dependency Assessment/Treatment   | <input type="checkbox"/> Military Lifestyles Issues                   |
| <input type="checkbox"/> Childhood/Adolescent Behavioral Disturbances   | <input type="checkbox"/> Neuropsychological Testing                   |
| <input type="checkbox"/> Christian Counseling   | <input type="checkbox"/> Obsessive Compulsive Disorder                |
| <input type="checkbox"/> Cognitive Behavioral Therapy (CBT)   | <input type="checkbox"/> Pain Management                              |
| <input type="checkbox"/> Compulsive Gambling  | <input type="checkbox"/> Personality Disorders                        |
| <input type="checkbox"/> Co-Occurring Disorders   | <input type="checkbox"/> Play Therapy                                 |
| <input type="checkbox"/> Cultural/Ethnic Issues   | <input type="checkbox"/> Postpartum Issues                            |
| <input type="checkbox"/> Depression   | <input type="checkbox"/> Prenatal Issues                              |
| <input type="checkbox"/> Developmental Disabilities   | <input type="checkbox"/> Psychological Testing                        |
| <input type="checkbox"/> Developmental, Individual-differences and<br>Relationship-based Model (DIR) <sup>1</sup> | <input type="checkbox"/> Reactive Attachment Disorder                 |
| <input type="checkbox"/> Dialectical Behavioral Therapy (DBT)   | <input type="checkbox"/> Repetitive Transcranial Magnetic Stimulation |
| <input type="checkbox"/> Disability Assessment/Treatment  | <input type="checkbox"/> Schizophrenia Disorders                      |
| <input type="checkbox"/> Dissociative/Identity Disorders  | <input type="checkbox"/> Selective Mutism                             |
| <input type="checkbox"/> Divorce/Blended Family Issues  | <input type="checkbox"/> Sexual Disorders                             |
| <input type="checkbox"/> Eating Disorders   | <input type="checkbox"/> Sleep Disorders                              |
| <input type="checkbox"/> Electroconvulsive Therapy (ECT)  | <input type="checkbox"/> Somatic/Conversion/Factitious Disorders      |
| <input type="checkbox"/> End of Life Issues   | <input type="checkbox"/> Stress Management                            |
| <input type="checkbox"/> Eye Movement Desensitization and<br>Reprocessing (EMDR)                                  | <input type="checkbox"/> Telemedicine Services <sup>3</sup>           |
| <input type="checkbox"/> Faith-Based Therapy  | <input type="checkbox"/> TIC Suppression                              |
| <input type="checkbox"/> Family Therapy   | <input type="checkbox"/> Tourettes Syndrome                           |
|   | <input type="checkbox"/> Transgender Issues                           |
|   | <input type="checkbox"/> Women's Issues                               |
|   | <input type="checkbox"/> Worker's Compensation Evaluation             |

(Continues)

## Important Notes about Areas of Expertise

<sup>1</sup> If you select *Developmental, Individual-differences and Relationship-based Model (DIR)* as an area of expertise, please include a copy of your certification. Please note that DIR services are considered eligible services only for patients enrolled in Horizon NJ Health plans/products. DIR services are not considered eligible services for patients enrolled in Horizon BCBSNJ plans/products.

<sup>2</sup> If you select *Telemedicine Services* as an area of expertise, please ensure that you also complete the *Telemedicine Services Attestation* section below.

## MAT/OBAT AND NAVIGATOR ATTESTATION

Behavioral health practitioners who provide Medication Assisted Treatment (MAT) or Office Based Addiction Treatment (OBAT) to patients with an addiction diagnosis must provide a completed copy of our [MAT/OBAT and Navigator Attestation](#) form to attest that services are provided in compliance with guidelines established by the NJ Division of Medical Assistance and Health Services and the Division of Mental Health and Addiction Services.

## TELEMEDICINE SERVICES

If you provide telemedicine services to patients as part of your practice, you are required to comply with the guidelines of Horizon BCBSNJ's [Telemedicine Services](#) reimbursement policy and/or Horizon NJ Health's [Telemedicine and Telehealth](#) reimbursement policy.

The guidelines of these policies include, but are not limited to, the requirement that telemedicine services are conducted for the purpose of diagnosis, consultation, and/or treatment and are conducted using a HIPAA compliant and secure interactive, real-time, two-way audio-video communication technology.

- I do not provide telemedicine services as part of my practice.
- I comply with the guidelines of Horizon BCBSNJ's Telemedicine Services policy and/or Horizon NJ Health's Telemedicine and Telehealth reimbursement policy in the delivery of services to my patients.

*Please note that our Telemedicine Services and Telemedicine and Telehealth reimbursement policies are temporarily amended to consider additional technologies/services for reimbursement during the COVID-19 pandemic. The temporary policy addenda only apply for the duration of this pandemic.*

## ATTESTATION

By signing and dating below, I, attest that the information provided on this form is accurate and complete.

Name \_\_\_\_\_

Telephone \_\_\_\_\_

Position/Role \_\_\_\_\_

Email Address \_\_\_\_\_

Signature \_\_\_\_\_

Date \_\_\_\_\_

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